

Patients as Research Partners in the Development of a Tool to Enhance Shared Decision Making for Rheumatoid Arthritis

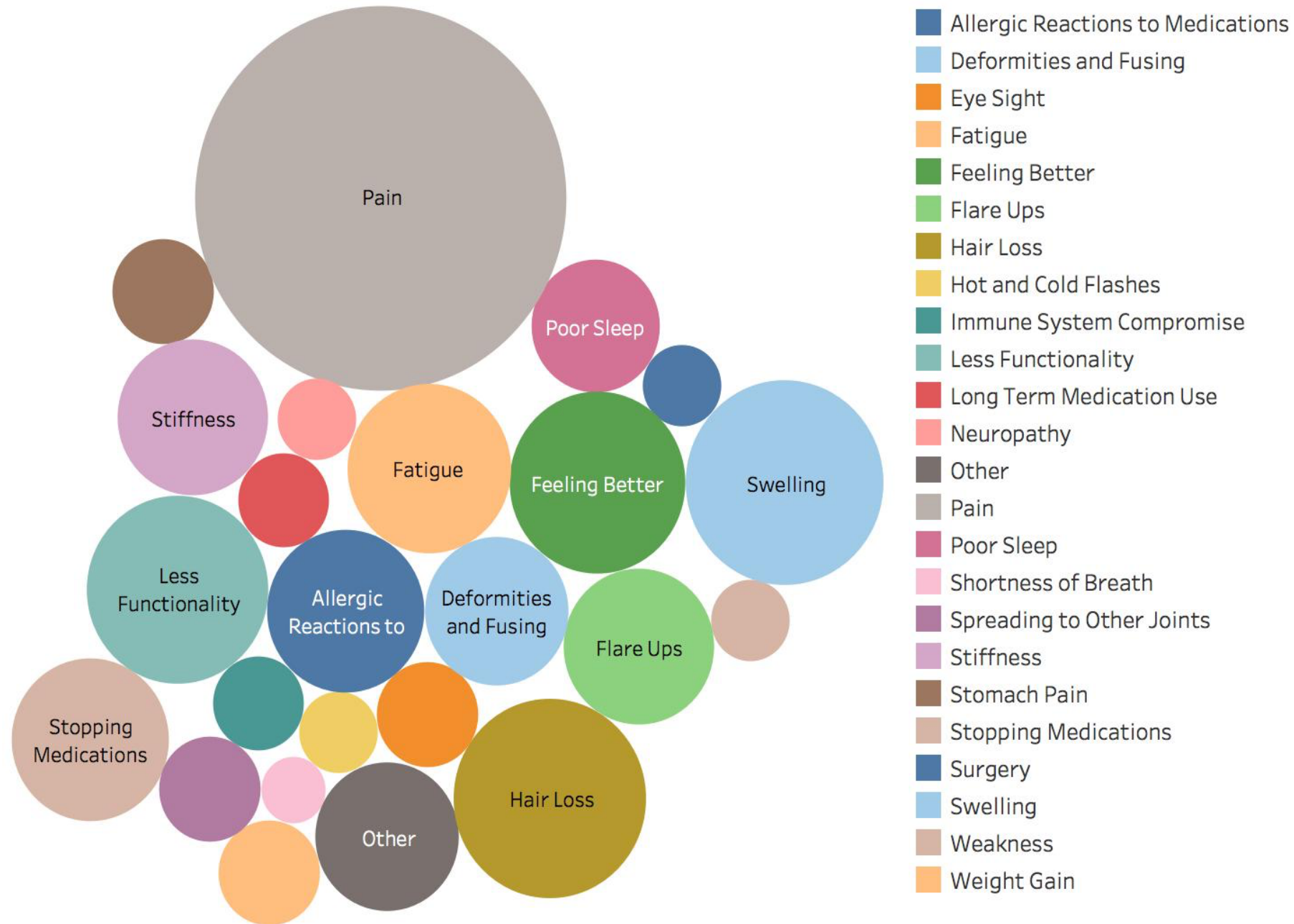
8th International Conference on Patient and Family Centered Care

June 13, 2018

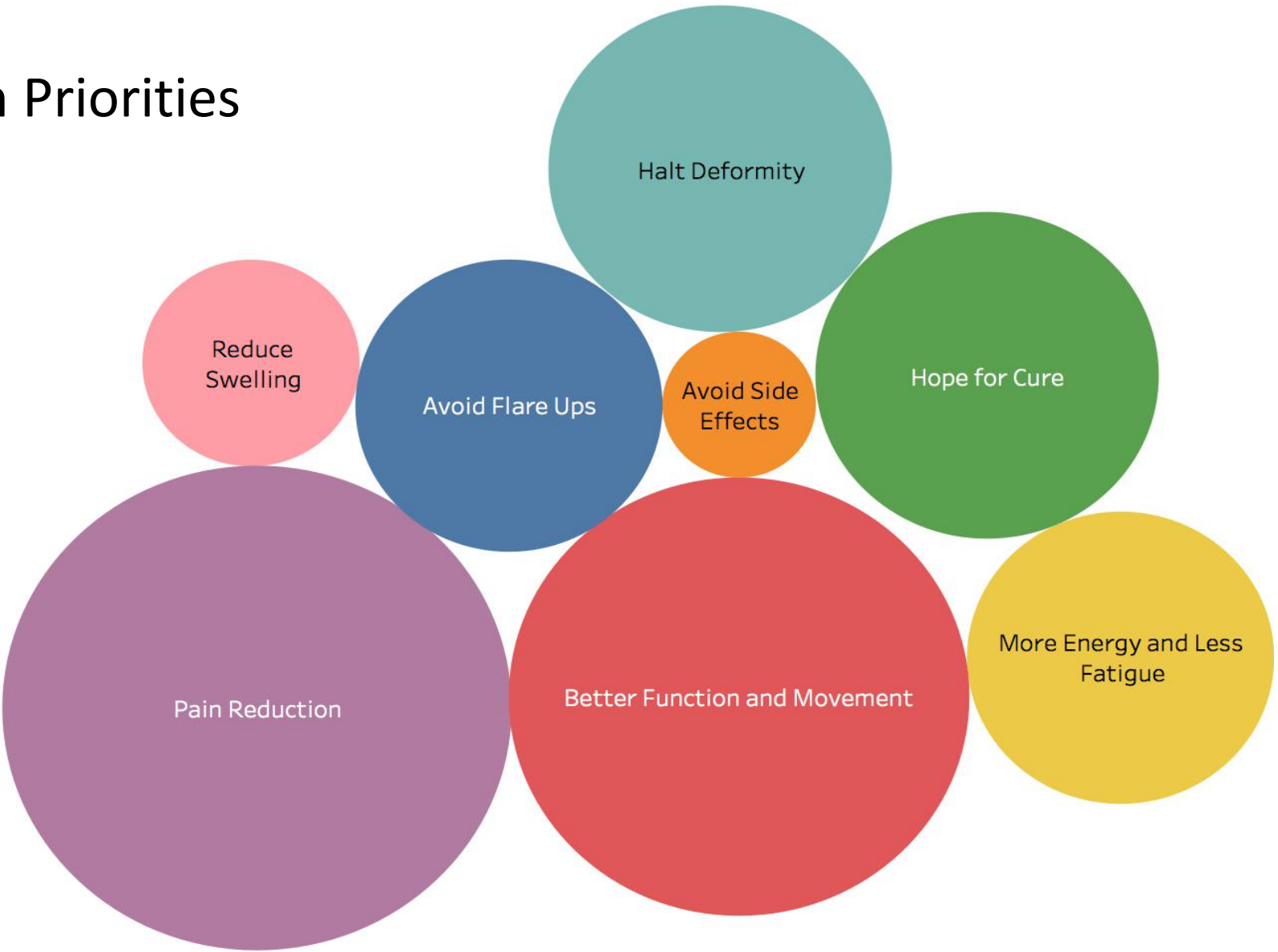
Participants

- Pam Evans – Patient Expert
- Kait Crosby – Health Administrator
- Melanie Cozad – Director, Rheumatoid Arthritis Studio

Symptoms and Side Effects



Symptom Priorities



Goals for How I Want to Live

During your last visit, we asked you to share with Dr. Merchant how important five major lifestyle goals were to you.

The list below is how you ranked the goals with 1 being the most important down to 5 least important.

Voicing the goals that are most important to you will help in the management of your RA.

1. Coping with depression
2. Improving sleep
3. Gaining ease in mobility
4. Caring for myself
5. Improving ability to exercise

Things to Discuss with Dr. Merchant

The space is here for you to record the things you want to bring up with Dr. Merchant. You can include anything you want to talk about regarding your RA.

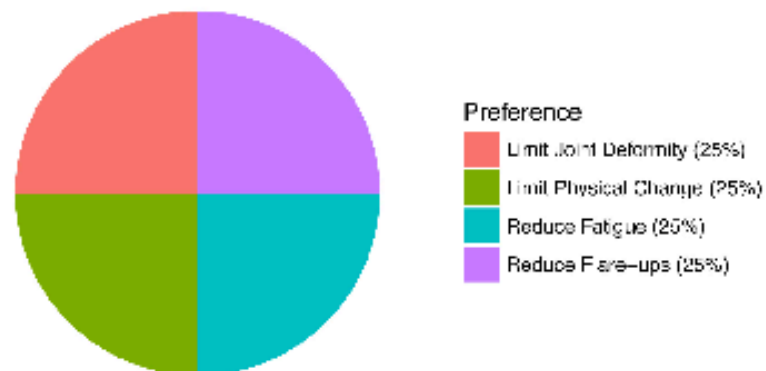
These notes may help you remember what you want to talk about during your visit.

- 1.
- 2.
- 3.

Priorities for Symptoms and Side Effects I Want Managed

We also asked how important 4 major symptoms and side-effects are to you. The figure below shows you the amount of points out of 100 (%) that you allocated to each.

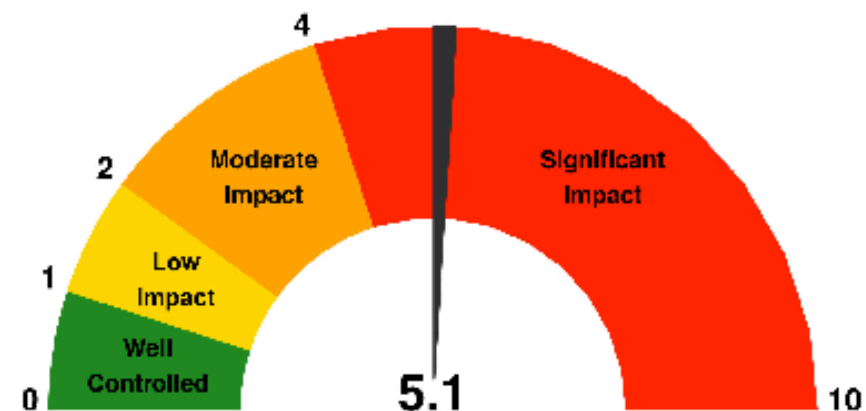
Communicating the priorities that have more points to Dr. Merchant will help to better manage your RA.



How is My RA

Below is a summary of a survey you completed during your last visit to Dr. Merchant.

The picture shows a score of how your RA was affecting you at that visit.

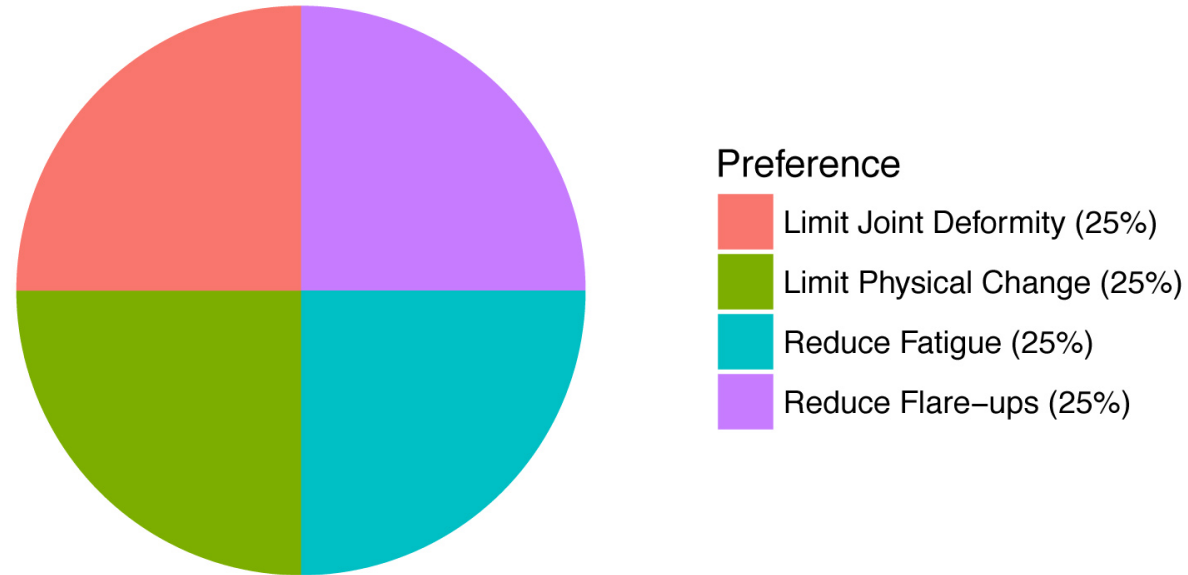


Note: If your score was in the orange or red category changes to your management strategy may have already occurred during your last visit.

Priorities for Symptoms and Side Effects I Want Managed

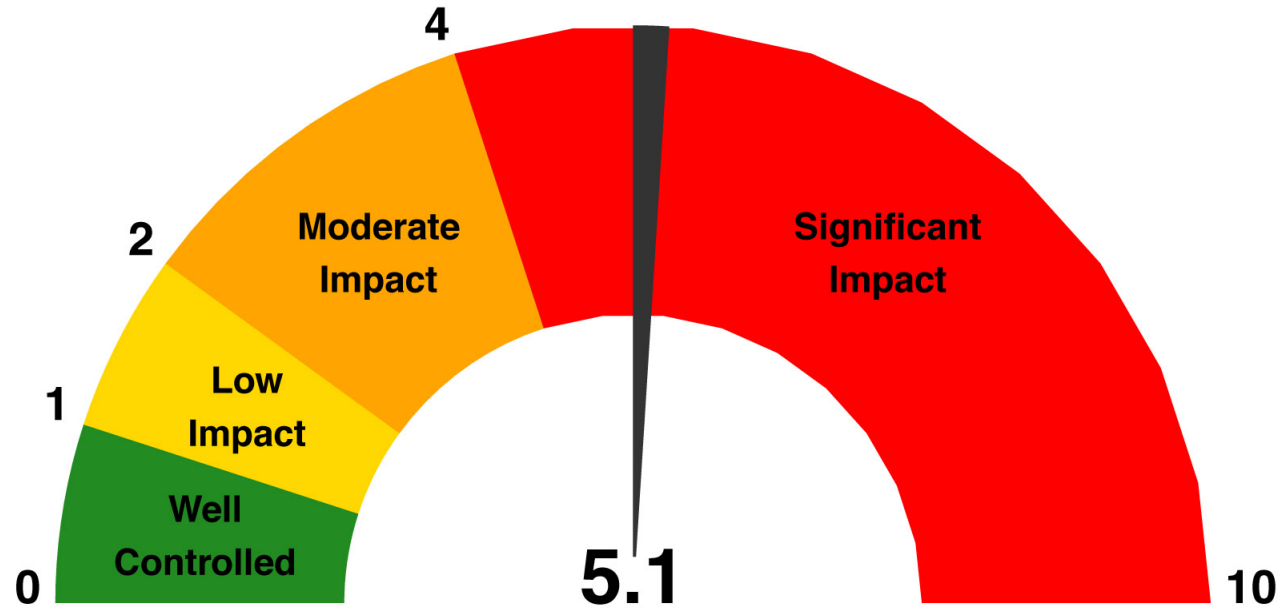
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Best Practices

Funder Sources

Pfizer
Corporation

Institute for
Healthcare
Improvement

April Osteen

Studio Members (not in attendance)

- Mary McCarthy
- Susan Faulkner
- Carmela Epright
- Jane Murphy
- Jeanine Straton
- Kimberly Van Dine

Acknowledgements

Personal Prescription

1

Take a moment

- What idea did you have that you can try when you get home?
- What is your first step?
- Who will help you implement this idea?

2

Address the envelope to yourself

3

Hand to one of us before you leave