

CURRICULUM VITAE

Jonathan H. Ohrt, Ph.D.
University of South Carolina
College of Education
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Education

2010 **Doctor of Philosophy, Education - Counselor Education**
University of Central Florida, Orlando, Florida (*CACREP accredited*)
College of Education
Department of Child, Family, & Community Sciences

Dissertation Title: *Evaluating the effects of two group approaches on counseling students' empathy development, group leadership development, and experience of the therapeutic factors.*

2006 **Master of Arts in Counselor Education**
University of South Florida, Tampa, Florida (*CACREP accredited*)
Department of Social and Psychological Foundations
Specialization: School Counseling
Certification: Mental Health Counseling

2003 **Bachelor of Science**
Florida State University, Tallahassee, Florida
Major: Psychology
Minor: Sociology

2001 **Associate of Arts**
University of South Florida, Tampa, Florida

Professional Certifications

Certification: Guidance and Counseling PK-12 (2006 – present)
Florida Department of Education

Academic Experience

- 1/2025 – Present **Professor, Counselor Education**
University of South Carolina, Columbia, South Carolina
Coordinate the counselor education program; Maintain a 2/2 teaching load; advise Ed.S. and doctoral level counseling students; serve on doctoral dissertation committees; serve on program, department, and college committees
- 7/2018 – Present **Associate Professor, Counselor Education**
University of South Carolina, Columbia, South Carolina
Coordinate the counselor education program; Maintain a 2/2 teaching load; advise Ed.S. and doctoral level counseling students; serve on doctoral dissertation committees; serve on program, department, and college committees
- 6/2018 – Present **Program Coordinator of Counselor Education**
Department of Educational and Developmental Science
University of South Carolina
- Responsibilities include overseeing the PhD program in Counselor Education as well as the three entry-level tracks: school counseling, clinical mental health counseling, and marriage, couples, and family counseling; facilitating annual virtual information sessions; responding to perspective student inquiries; coordinating the application review process; coordinating on campus interviews; facilitating enrollment and orientation for new students; facilitating monthly program meetings; developing the schedule for fall, spring, and summer courses; ensuring program compliance with accreditation standards; completing state accreditation reports (i.e., ADEPT, SARA) and university accreditation reports; responding to current student concerns (e.g., enrollment issues, clinical placement concerns); updating program handbooks and forms related to program administration.
- 8/2014 – 7/2018 **Assistant Professor, Counselor Education**
University of South Carolina, Columbia, South Carolina
Maintain a 2/2 teaching load; chair the school counseling committee; advise Ed.S. and doctoral level counseling students; serve on doctoral dissertation committees; serve on program, department, and college committees.

6/2010 – 8/2014 **Assistant Professor, Counseling Program**
University of North Texas, Denton, Texas
Maintain a 2/2 teaching load; chair the school counseling curriculum committee; advise school counseling and clinical mental health track master's level counseling students; serve on doctoral dissertation committees; serve on program, department, and college committees.

Clinical/Educational Experience

8/2007-8/2009 **Doctoral Intern Counselor**
University of Central Florida's Community Counseling Clinic
Orlando, Florida
Provided individual counseling services for community clients; facilitated personal growth groups for graduate students; conducted biopsychosocial evaluations and developed treatment plans.

8/2007-5/2010 **College of Education Doctoral Coordinator's Assistant**
University of Central Florida, Orlando, Florida
Assisted in developing the College of Education Ph.D. programs student handbook; coordinated interviews for potential Ph.D. students; teaching assistant for graduate level educational research course; assisted in research and program evaluation related to the counselor education graduate program.

1/2006-8/2007 **Professional School Counselor**
Alonso High School, Tampa, Florida
Counseling caseload of approximately 500 students; chair of student/teacher assistance team and 504 committee; provided individual counseling and academic and career advising; facilitated small groups related to grief and loss and success skills; facilitated large group psychoeducation and developmental guidance.

8/2005-12/2005 **Practicum Counselor**
Alonso High School, Tampa, Florida
Maintained an individual counseling caseload of 5 clients; facilitated career development groups.

8/2003-12/2005 **Residential Care Staff**
The Children's Home, Inc., Tampa, Florida
Collaborated with counselors, psychologists, psychiatrists, and case managers to develop and implement treatment plans for youth living in a residential facility for children in foster care.

8/2002-5/2003 **America Reads Facilitator**

Center for Civic Education and Service,
Florida State University, Tallahassee, Florida
Facilitated the Revised Open Court Curriculum (ROCC) with first and second grade students to enhance reading abilities.

Awards & Honors

2023	<i>College of Education Research Award</i> , University of South Carolina College of Education
2015	<i>Outstanding Teaching Award</i> , Southern Association for Counselor Education and Supervision
2015	<i>Professional Advancement Award</i> , Association for Specialists in Group Work
2013	<i>Distinguished Service Award</i> , Texas Counseling Association
2013	<i>Outstanding Faculty Member</i> , Rho Kappa Chapter, Chi Sigma Iota
2013	<i>Outstanding Research Award</i> , Rho Kappa Chapter, Chi Sigma Iota
2011	<i>Research and Best Practices Grant Award</i> , Southern Association for Counselor Education and Supervision
2009	<i>Outstanding Doctoral Student Award</i> , Upsilon Chi Chapter, Chi Sigma Iota
2008	<i>Emerging Leaders Fellowship Award</i> , Southern Association for Counselor Education and Supervision
2008	<i>Dean's Fellowship Award</i> , University of Central Florida, College of Education
2007	<i>Provost Fellowship Award</i> , University of Central Florida
2006	<i>Outstanding Leadership Award</i> , University of South Florida, Counselor Education Program

RESEARCH AND SCHOLARLY ACTIVITIES

Research Areas

- School counseling/Mental health in schools
- Child, adolescent, and emerging adult well-being
- Wellness and prevention
- Group counseling

**Denotes student collaboration on scholarly activity*

Articles Published or “in press” in Refereed Journals

54. Broda, M. D., Conley, A. H., Clarke, P. B., & **Ohrt, J. H.** (in press). Examining the Dimensionality, reliability, and invariance of the Depression, Anxiety, and Stress – 21 (DASS-21) across age, race, ethnicity, and caretaking status. *Psychological Reports*.
53. Guest, J. D., **Ohrt, J. H.**, & Wolfe, K. S. (2025). Managing negative countertransference when working with children exhibiting externalized behaviors. *Single Case in the Social Sciences*, 2(1), 26-42.

52. Castle, M., Gilreath, R., Fields, A. M., Smith Hill, R. B., Sookwah, R. D., Burdiss, A., & **Ohrt, J. H.** (2024). A wellness group protocol for college students with intellectual or developmental disability: A pilot study. *Journal for Specialists in Group Work*, 1–20. <https://doi.org/10.1080/01933922.2024.2440461>
51. Dastbaz, A., Lanz, M., Confalonieri, E., Soheili, F., & **Ohrt, J.** (2024). Psychometric assessment of the Persian translation of the school counselor noncognitive skills scale (SCNSS) based on high school students' perceptions. *Journal of Psychologists and Counsellors in Schools*, 34(3), 306-318. <https://doi.org/10.1177/20556365241273516>
50. **Ohrt, J. H.**, Clarke, P. B., Conley, A. H., & Broda, M. D. (2024). Mental health and well-being during the COVID-19 pandemic: Examining wellbeing as a mediator of pandemic stress. *Journal of Mental Health Counseling*, 46(1), 19-37.
49. *Jefferson, L., *Johnson, S., *Waddington, A., & **Ohrt, J. H.** (2024). The effects of hip hop and rap music interventions on mental health and well-being: A systematic review. *Journal of Creativity in Mental Health*, 1–15
<https://doi.org/10.1080/15401383.2024.2305294>
48. Deaton, J. D., & **Ohrt, J. H.** (2024). A preliminary validation of the vicarious posttraumatic growth inventory across helping professions and investigation of construct validity. *Traumatology*, 30(3), 356–365. <https://doi.org/10.1037/trm0000434>
47. Toomey, T. M., *Combs, E. M., **Ohrt, J. H.**, Lewis, O. J., Clarke, P. B., Conley, A. H., *Craven, L., *Tolan, L. (2023). Well-being disparities between sexual minorities and heterosexuals during the COVID-19 pandemic: Implications for counselors. *Journal of LGBTQ Issues in Counseling*, 17(3), 242-255.
<https://doi.org/10.1080/26924951.2023.2227021>
46. *Jefferson, L., & **Ohrt, J. H.** (2023). The effectiveness of a manualized hop-hop and rap intervention on well-being among Black emerging adult men: A multiple baseline design. *Journal of Poetry Therapy*, 37(4) 225-239.
45. Okech, J. E. A., **Ohrt, J. H.**, Steen, S., & Goodrich, K. (2022). New group work practice manuscripts: Recommendations for manuscript development. *Journal for Specialists in Group Work*, 47(1), 1-9. doi:10.1080/01933922.2022.2014744. *Invited editorial.
44. Deaton, J. D., **Ohrt, J. H.**, Linich, K., Wymer, B. *Toomey, M., *Lewis, O., Guest, J. D., & Newton, T. M. (2022). Teachers's experiences with K-12 students' mental health. *Psychology in the Schools*, 59(5), 932-949.
43. **Ohrt, J. H.**, Deaton, J. D., *Gonzales, S., & Guest, J. D. (2022). Development and factor structure of the school counselor noncognitive skills scale: High school students' perceptions of noncognitive skills services. *Professional School Counseling*, 26(1a), 1-9.
42. Deaton, J. D., **Ohrt, J.H.**, Linich, K., McCartney, E., & *Glascoe, G. (2023). Vicarious

posttraumatic growth: A systematic review and thematic synthesis across helping professions. *Traumatology*, 29(1), 17-26.

41. *Lewis, O., **Ohrt, J. H.**, *Toomey, T. M., Linich, K. L., Wymer Ellis, B., & Newton, T. (2022). A systematic review of nature-based counseling interventions to promote mental health and wellness. *Journal of Mental Health Counseling*, 44(3), 191-208.
40. **Ohrt, J. H.**, Limberg, D. L., & Moore, C. M. (2021). A practical guide to literature reviews for school-based counselors. *Journal of School-Based Counseling Policy and Evaluation*, 3(2), 73-78.
39. Limberg, D. L., Starrett, A., **Ohrt, J. H.**, Lotter, C., Irvin, M., & Roy, G. (2021). School counselor and teacher collaboration to enhance students' career development through project-based learning. *Professional School Counseling*, 24(1b), 1-11.
38. Wallace, D., Carlson, R. G., **Ohrt, J. H.** (2021). Culturally adapted CBT in the treatment of panic episodes and depression in an African American woman: A clinical case illustration. *Journal of Mental Health Counseling*, 43(1), 40-58.
37. Limberg, D., Barrio Minton, C., Newton, T. M., Dawes, K., Super, J., & **Ohrt, J. H.** (2020). Research identity development of counselor education doctoral students: A grounded theory. *The Professional Counselor*, 10(4), 488-500.
36. **Ohrt, J. H.**, Wymer, B. C., Guest, J. D., Hipp, C. J., Wallace, D., & Deaton, J. (2021). A pilot study of a social emotional learning intervention in an alternative school. *Preventing School Failure*, 65(1), 48-57.
35. Newton, T. L., **Ohrt, J. H.**, Guest, J., & Wymer, B. C. (2020). Influence of emotion regulation, mindfulness, and social support on burnout in counselors-in-training. *Counselor Education and Supervision*, 59(4), 252-266.
34. Guest, J. D., Wymer, B. C., Deaton, J., Hipp, C., Newton, T., & **Ohrt, J. H.** (2020). Beginning counselors' experiences working with children who exhibit externalized behaviors. *Counseling and Psychotherapy Research*, 20(4), 605-614.
33. Wymer, B., Guest, J., Deaton, J., Newton, T. L., Limberg, D. L., & **Ohrt, J. H.** (2020). Early career clinicians' experiences related to secondary traumatic stress when treating survivors of child sexual abuse. *The Clinical Supervisor*, 39(2), 284-305.
32. Wymer, B., **Ohrt, J. H.**, Morey, D., & Swisher, S. (2020). Integrating expressive arts techniques into trauma-focused treatment with children. *Journal of Mental Health Counseling*, 42(2), 124-139.
31. **Ohrt, J. H.**, *Deaton, J., *Linich, K., Guest, J. D., Wymer, B. C., & *Sandonato, B. (2020). Teacher training in K-12 student mental health: A systematic review. *Psychology in the Schools*, 57, 833-846.

30. *Moore, C. M., **Ohrt, J. H.**, & Packer-Williams, K. (2020). A solution-focused approach to student reintegration into the traditional school setting after a disciplinary alternative school placement. *Journal of Child and Adolescent Counseling*, 6(2), 83-96.
29. Limberg, D. H., **Ohrt, J. H.**, Carlson, R. G., Bordonada, T., Bates, D., Wymer, B., & Guest, J. (2020). School counselors' experiences and responses during the South Carolina 1,000 year flood. *Professional School Counseling*, 23(1), 1-10.
28. **Ohrt, J. H.**, Wymer, B., Guest, J., Limberg, D., Carlson, R. G., & *Deaton, J. (2019). Counselor preparation for working with at-risk youth. *Journal of Child and Adolescent Counseling*, 5(2), 113-129.
27. *Deaton, J., & **Ohrt, J. H.** (2019). Integration of expressive techniques in multisystemic therapy with at-risk adolescents: A retrospective case analysis. *The Family Journal*, 27(1), 92-99.
26. Flasch, P., Limberg, D., Fox, J., **Ohrt, J. H.**, Crunk, A. E., & Robinson, E. H. (2019). Experiences of altruistic caring by clients and their counselors in the counseling session. *Counseling and Values Journal*, 64(2), 168-185.
25. *Guest, J., & **Ohrt, J. H.** (2018). Utilizing client-centered play therapy with children diagnosed with autism spectrum disorder and endured trauma: A case example. *International Journal of Play Therapy*, 27(3), 157-165.
24. *Newton, T. L., & **Ohrt, J. H.** (2018). Infusing mindfulness-based interventions in support groups for grieving college students. *Journal for Specialists in Group Work*, 43(2), 166-183.
23. *Wofford, J. R., & **Ohrt, J. H.** (2018). An integrated approach to counseling children diagnosed with ADHD, ODD, and chronic stressors. *The Family Journal*, 26(1), 105-109.
22. *Bordonada, T., *Feather, K., **Ohrt, J. H.**, & *Waddington, A. (2018). Experiences of adults who identify as primary caregivers. *Adultspan*, 17(1), 14-26.
21. *Romagnolo, S., & **Ohrt, J. H.** (2017). Using narrative therapy with low-income middle school students: A model for school counselors. *Journal of Child and Adolescent Counseling*, 3(1), 59-73.
20. **Ohrt, J. H.**, Limberg, D. H., Griffith, C., Sherrell, R. S., & *Bordonada, T. M. (2016). Adolescents' perceptions of their school counselor's impact. *Journal of Child and Adolescent Counseling*, 2(1), 1-15.
19. Lindo, N. A., Meany-Walen, K., Ceballos, P., **Ohrt, J.**, Prosek, E., Yousef, D., Yaites, L., & Ener, E. (2016). Wellness and burnout prevention: Perceptions of a group

- supervision intervention. *Journal of Professional Counseling: Practice, Theory, and Research*, 42(5), 28-42.
18. **Ohrt, J. H.**, *Blalock, S., & Limberg, D. (2016). Preparing school counselors-in-training to conduct large group developmental guidance: Evaluation of an instructional model. *The Journal for Specialists in Group Work*, 41(2), 96-116.
 17. Limberg, D. H., **Ohrt, J. H.**, Barden, S. M., Ha, Y.S., Hundley, G., & Wood, A. (2015). A cross cultural exploration of counselors-in-training perceptions' of altruism. *Counseling and Values*, 60(2), 201-216.
 16. **Ohrt, J. H.**, *Webster, L. C., & De la Garza, M. (2015). The effects of a success skills group on adolescents' self-regulation, self-esteem, and perceived learning competence. *Professional School Counseling*, 18(1), 169-178.
 15. Hott, B., Limberg, D., **Ohrt, J. H.**, & Schmit, M. (2015). Best practices for reporting and disseminating results of single case studies. *Journal of Counseling and Development*, 93(4), 412-417.
 14. **Ohrt, J. H.** (2015). Dennis Engels: A humanitarian and ethical scholar. *Counseling and Values*, 60(1), 4-13.
 13. **Ohrt, J. H.**, Prosek., E. A., * Ener, E., Lindo, N. (2015). The effects of a group supervision intervention to promote wellness and prevent burnout. *Journal of Humanistic Counseling*, 54(1), 41-58.
 12. **Ohrt, J. H.**,* Prochenko, Y., *Stulmaker, H.,* Huffman, D., Fernando, D., & *Swann, K. (2014). An exploration of group and member development in experiential groups. *The Journal for Specialists in Group Work*, 39(3), 212-235.
 11. **Ohrt, J. H.**,* Ener, E., *Porter, J., & Young, T. L. (2014). Group leader reflections on their training and experience: Implications for group counselor educators and supervisors. *The Journal for Specialists in Group Work*, 39(2), 95-124.
 10. **Ohrt, J. H.**, Robinson, E. H., & Hagedorn, W. B. (2013). Group leader development: Effects of personal growth and psychoeducational groups. *The Journal for Specialists in Group Work*, 38(1), 30-51.
 9. Young, T. L., *Reysen, R., *Eskridge, T., & **Ohrt, J. H.** (2013). Personal growth groups: Measuring outcome and evaluating impact. *The Journal for Specialists in Group Work*, 38(1), 52-67.
 8. Swank, J. M., **Ohrt, J. H.**, & Robinson, E. H. (2013). A qualitative exploration of counseling students' perception of altruism. *Journal of Humanistic Counseling*, 52(1), 23-38.

7. **Ohrt, J. H.**, & Cunningham, L. C. (2012). Wellness in mental health agencies. *The Professional Counselor: Research and Practice*, 2(1), 90-101.
6. *Ware, J. N., **Ohrt, J. H.**, & Swank, J. M. (2012). A phenomenological exploration of children's experience in a social skills group. *The Journal for Specialists in Group Work*, 37(2), 133-151.
5. Lambie, G. W. Ieva, K. P., & **Ohrt, J. H.** (2012). Impact of a counseling ethics course on graduate students' learning and development. *International Journal for the Scholarship of Teaching and Learning*, 6(1). Retrieved from http://academics.georgiasouthern.edu/ijstol/v6n1/articles/Lambie_et_al/index.html.
4. Swank, J. M., Robinson, E. H., & **Ohrt, J. H.** (2012). Examining altruism: Perspectives among counseling students in the United Kingdom. *Counselling and Psychotherapy Research*, 12(1), 1-8. doi: 10.1080/14733145.2011.562981
3. **Ohrt, J. H.**, Foster, J. M., Hutchinson, T. S., & Ieva, K. P. (2009). Using music videos to enhance empathy in counselors-in-training. *Journal of Creativity in Mental Health*, 4, 320-333.
2. Ieva, K. P., **Ohrt, J. H.**, Swank, J. M., & Young, T. L. (2009). The impact of personal growth groups on masters students' counselor and personal development. *The Journal for Specialists in Group Work*, 34(4), 351-368.
1. **Ohrt, J. H.**, Lambie, G. W., & Ieva, K. P. (2009). Supporting Latino and African-American students in advanced placement courses: A school counseling program's approach. *Professional School Counseling*, 13(1), 59-63.

Manuscripts Under Review in Referred Journals

- Fields, A., Thompson, C., Craven, L., & **Ohrt, J. H.** (in review). Counselor preparation for trauma-focused therapy: A systematic review.
- Gilreath, R., Saunders, M., Combs, E. M., & **Ohrt, J. H.** (in review). A scoping review of mindfulness and substance misuse among college students.
- Lewis, O. J., **Ohrt, J. H.**, & Wolfe, K. S. (in review). Effectiveness of ecowellness counseling intervention on well-being for college aged individuals with a developmental disability.
- Schneider, K. M., LoDato, K. K., Perez, Fratzke, V., Perez, L. M., Skeen, A. I., & **Ohrt, J. H.** (in review). Examining the implementation and efficacy of group psychodrama techniques to address client trauma: A systematic review.
- Porter, G. A., **Ohrt, J. H.**, Lewis, O. J., Ragoonath, R. D., Tolan, L. E., Combs, E. M., Craven, L. C., & Toomey, T. M. (in review). Student well-being during college: A systematic review of wellness-focused interventions.

Craven, L., **Ohrt, J. H.**, & LoDato, K. (in review). The relationship between school connectedness and well-being among racial minority English language learners.

Lodato, K. K., Eckstrom, L., Guest, J. D., Sandonato, B., & **Ohrt, J.** (in review). Counselors' experiences utilizing a virtual playroom to address child mental health.

Castle, M., **Ohrt, J. H.**, Sookwah, R. D., LoDato, K. K., Jerideau, S., Horton, K., Craven, L., Combs, L., & Tolan., L. (in review). Mobile applications for cultivating emotional wellness: A systematic review.

Ragoonath, R. D., & Ohrt, J. H., Predictors of therapy use among college students of color. (in review).

Books

1. **Ohrt, J. H.**, Clarke, P. B., & Conley, A. H. (2019). *Wellness counseling: A holistic approach to prevention and intervention*. Alexandria, VA: American Counseling Association.

Book Chapters

8. **Ohrt, J. H.**, & *Saunders, M. (2024). Group counseling and group work. In Gibbons, M., & Barrio Minton, C. A. *Case Studies in Counselor Education*.

7. **Ohrt, J. H.**, & *Gonzales, S. (2022). Structured feedback to enhance pre-service school counselor's group leader skills. In Springer, S., Moss, L., & Schimmel, C. (Eds.) *A School Counselors Guide to Small Groups*. Cognella.

6. **Ohrt, J. H.**, & *Linich, K. L. (2021) I don't have a clue. In J. Swank & C. A. Barrio Minton (Eds.) *Critical Incidents in Counselor Education: Teaching, Supervision, Research, and Leadership and Advocacy*. Association for Counselor Education and Supervision.

5. **Ohrt, J. H.** (2016). Group work. In C. A. Barrio Minton, D. Gibson, & C. Wachter Morris (Eds.) *Evaluating Student Learning Outcomes in Counselor Education: Workbook and Applications* (pp. 181-186). Association for Assessment and Research in Counseling.

4. Swank, J. M., DePue, M. K., & **Ohrt, J. H.** (2016). Helping relationships. In C. A. Barrio Minton, D. Gibson, & C. Wachter Morris (Eds.) *Evaluating Student Learning Outcomes in Counselor Education: Workbook and Applications* (pp. 171-180). Association for Assessment and Research in Counseling.

3. **Ohrt, J. H.**, *Limberg, D., & *Ware, J. N. (2013). Integrating play techniques with students experiencing academic challenges. In J. R. Curry & L. Fazio-Griffith (Eds.). *Integrating play techniques in comprehensive school counseling programs* (pp.125-148). Charlotte, NC: Information Age Publishers.

2. **Ohrt, J. H.**, *Ware, J. N., & *Limberg, D. (2013). Using play techniques for family substance abuse concerns. In J. R. Curry & L. Fazio-Griffith (Eds.). *Integrating play techniques in comprehensive school counseling programs* (pp. 43-65). Charlotte, NC: Information Age Publishers.
1. Lambie, G. W., Ieva, K. P., Van Horn, S., **Ohrt, J. H.**, Lewis, S., & Hayes, B. G. (2011). Students with learning disabilities: Implications for professional school counselors. In C. Sink (Ed.). *Mental health interventions for school counselors* (pp. 154-176). Boston, MA: Houghton Mifflin Company.

Published Instructor's Manual

Jones, K. D., Foster, J., Gonzalez, T., **Ohrt, J.**, Shillingford, A., Swank, J., Thurston, J., & Walter, S. M. (2010). *Instructor's manual and test bank to accompany "appraisal procedures for counselors and helping professionals"* (7th ed.). Upper Saddle River, NJ: Pearson/Merrill Prentice Hall.

Unpublished Assessment Manual

Swank, J. M., Lambie, G. W., Robinson, E. H., Burt, I., Cunningham, L., Ieva, K. P., Lewis, S., **Ohrt, J. H.**, & Young, T. (2009). *Counseling Competencies Scale (CCS) Manual*©. Orlando, FL: University of Central Florida.

Grants

External Funding

Source: United States Department of Education; Mental Health Services Demonstration Grant Program

Title: Project PRISMS: Providing Resources to Increase School Mental Health Supports

Dates: 01/23-12/28

Role: Principal Investigator

Total Award: \$5,003,365

Source: United States Department of Education; Office of Special Education and Rehabilitative Services

Title: Project Fusion: Preparing Special Education Leaders with a Focus on Research to Practice in Transition

Dates: 10/23-9/28

Role: Co-Principal Investigator

Total Award: \$1,244,391

Source: United States Department of Education

Title: Project IMPACT: Improving the Mental Health of Students with Emotional and Behavioral Disorders by Preparing School Counselors and Special Education Teachers to Collaborate on an Interdisciplinary Team

Dates: 11/19-10/24
Role: Co-Principal Investigator
Total Award: \$1,102,217

Source: United States Department of Education
Title: Scaling capacity: Developing residents and educators around equity-centered MTSS.
Dates: 10/23-9/28
Role: Key Personnel
Total Award: \$4,700,000

Source: United States Department of Health and Human Services
Title: Preparing Professional Counselors to Provide Effective Services to At-risk Children, Adolescents, Transitional-age Youth, and Families
Dates: 9/16-9/17
Role: Principal Investigator
Total Award: \$285,401

Pending

Source: Duke Foundation
Title: From Classroom to Living Room: Supporting the Mental Health Needs of Children and Families in Aiken County
Dates: 7/25-7/28
Role: Co-Principal Investigator
Total Request: \$749,000

Internal Funding

Source: University of South Carolina, Office of Vice President for Research
Title: Pre-service teacher training in K-12 student mental health: A pilot feasibility and preliminary efficacy study of a training plus consultation model
Dates: 1/30/2016-12/30/2017
Role: Principal Investigator
Total Award: \$14,928

Source: University of South Carolina, Office of Vice President for Research
Title: School Mental Health Response and Resilience During the 2015 South Carolina Flood
Dates: 1/30/2016-12/30/2017
Role: Principal Investigator
Total Award: \$19,836

Source: University of South Carolina, College of Education
Title: Promoting noncognitive skills and transition for students in an alternative education center
Dates: 8/2015-12/2016
Role: Principal Investigator
Total Award: \$8,968

Refereed Professional Presentations

National & International

74. Rexrode, J., Eckstrom, L., & **Ohrt, J. H.** (2024, September). Examining intervention change processes for children and adolescents experiencing relational trauma: A systematic review. Association for Assessment and Research in Counseling Conference. Pittsburg, PA.
73. **Ohrt, J. H.**, & Schneider, K. (2024, March). School counselor strategies to assist educators in supporting student mental health. American Counseling Association Conference. New Orleans, LA.
72. **Ohrt, J.H.**, Limberg, D. H., Linich, K. P., Fields, A. M., & Lambie, G. (2023, October). Implementing the multiple article dissertation in counselor education. Association for Counselor Education and Supervision Conference. Denver, CO
71. Saunders, M., Gilreath, R., Fields, A. M., Smith Hill, R. B., Sookwah, R. D., Burdiss, M. A., **Ohrt, J. H.**, & Mills, J. (2023, October). A Wellness Group Protocol for College Students with Intellectual or Developmental Disability: A Pilot Study. Association for Counselor Education and Supervision Conference. Denver, CO
70. Schneider, K. M., LoDato, K. K., Hodge, V. F., Perez, L. M., Skeen, A. I., & **Ohrt, J. H.** (2023, September). *Examining the Implementation and Efficacy of Group Psychodrama Techniques to Address Client Trauma: A Systematic Review*. Association for Assessment and Research in Counseling. Nashville, TN.
69. **Ohrt, J. H.** (2022, February). *Group leadership feedback form: A resource for assessing leader skill development and providing feedback*. Association for Specialists in Group Work. Jacksonville, FL.
68. Linich, K. P., & **Ohrt, J. H.** (2021, October). *Grief counseling and the indivisible self: Instruction for students in counselor education to increase holistic grief counseling competency*. Association for Counselor Education and Supervision. Atlanta, GA.
67. **Ohrt, J. H.**, Conley, A. H., Clarke, P. B., & Broda, M. (2021, September). *Examining the dimensionality, reliability, and invariance of the depression, anxiety, and stress scale–21 (DASS-21) across age, race/ethnicity, and caretaking status*. Association for Assessment and Research in Counseling Annual Conference. Cincinnati, OH.
66. **Ohrt, J. H.**, Conley, A. H., Clarke, P. B., & Broda, M. (2021, September). *COVID-related stress and mental health: Mediating effects of well-being*. Association for Assessment and Research in Counseling Annual Conference. Cincinnati, OH.
65. Lewis, O. J., **Ohrt, J. H.**, & Toomey, T. M., (2021, September). *A systematic review of nature-based counseling interventions to promote mental health and wellness*.

Association for Assessment and Research in Counseling Annual Conference. Cincinnati, OH.

64. Linich, K. P., **Ohrt, J. H.**, & Lewis, O. J., (2021, September). *The effects of holistic grief counseling training on master's level counseling students' grief and loss counseling competency*. Association for Assessment and Research in Counseling Annual Conference. Cincinnati, OH.
63. **Ohrt, J. H.** (2021, March). *Perceptions of school counselor services questionnaire: Instrument development and factor structure*. Evidence Based School Counseling Conference.
62. Ieva, K. P., Patel, S., Wade, W., & **Ohrt, J. H.** (2020, February). *Using group counseling to promote neurodiversity*. Association for Specialists in Group Work. San Juan, PR.
61. Conley, A. H., **Ohrt, J. H.**, & Clarke, P. B. (2019, October). *Teaching wellness counseling: Tools for incorporating wellness across the counseling curriculum*. Association for Counselor Education and Supervision. Seattle, WA.
60. **Ohrt, J. H.**, & Deaton, J. D. (2019, October). *Essential steps to conducting a pilot study*. Association for Counselor Education and Supervision Conference. Seattle, WA.
59. Limberg, D. H., & **Ohrt, J. H.** (2019, September). *Implementing a multiple article dissertation to increase counselor education doctoral students research identity*. Association for Assessment and Research in Counseling Annual Conference. San Antonio, TX.
58. **Ohrt, J. H.** (2019, March). *Wellness promotion strategies in school settings*. American Counseling Association Annual Conference. New Orleans, LA.
57. **Ohrt, J. H.**, Clarke, P., & Conley, A. H. (2019, March). *Wellness counseling: A holistic approach to prevention and intervention*. American Counseling Association Annual Conference. New Orleans, LA.
56. **Ohrt, J. H.**, & Wymer, B. (2018, September). *Strategies to foster counselors' engagement in action research*. Association for Assessment and Research in Counseling Annual Conference. Richmond, VA.
55. **Ohrt, J. H.** & Conley, A. H. (2018, April). *The wellness workshop: Practical wellness counseling techniques for your toolbox*. American Counseling Association Annual Conference. Atlanta, GA.
54. **Ohrt, J. H.**, Clarke, P., & Conley, A. (2017, October). *Wellness in counselor education: Preparing the next generation of counselors*. Association for Counselor Education and Supervision Conference. Chicago, IL.

53. Maxfield, T. M., **Ohrt, J. H.**, Guest, J., & Wymber, B. (2017, October). *Emotion regulation, mindfulness, social support, and burnout in counselors-in-training*. Association for Counselor Education and Supervision Conference. Chicago, IL.
52. **Ohrt, J. H.**, Carlson, R. G., Bordonada, T. M., Wymer, B. C., & Guest, J. D. (2017, March). *School mental health response and resilience during the 2015 South Carolina flood*. American Counseling Association Annual Conference. San Francisco, CA.
51. Gnilka, P., Conley, A., Carlson, R. G., & **Ohrt, J. H.** (2017, March). *The clinical versus statistical decision-making debate in counseling*. American Counseling Association Annual Conference. San Francisco, CA.
50. Bordonada, T. M., Feather, K., & **Ohrt, J. H.** (2016, September). *Experiences of adults who identify as primary caregivers*. Association for Assessment and Research in Counseling Annual Conference. Fort Lauderdale, FL.
49. **Ohrt, J. H.**, Ieva, K. P., Kendrick, E., & Baker, M. (2016, April). *An instrument to assess students' perceptions of school counselor services*. American Counseling Association Annual Conference. Montreal, QC.
48. **Ohrt, J. H.**, Bordonada, T., Holder, M., & Maxfield, T. (2016, April). *Well-being predictors of college adjustment and academic performance*. American Counseling Association Annual Conference. Montreal, QC.
47. Bordonada, T., **Ohrt, J. H.**, & Olden, S. (2015, October). *The relationship between college adjustment and career exploration. Implications for career counseling*. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
46. **Ohrt, J. H.**, Bordonada, T., & Olden, S. (2015, October). *Well-being predictors of college adjustment and academic performance: Moderating role of generational status and implications for counselors*. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
45. Limberg, D., Nelson, K., Ohrt, J. H., Barrio Minton, C. (2015, October). *Research identity development of pre-tenured counselor education faculty members: A qualitative investigation*. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
44. **Ohrt, J. H.**, & Webster, L. C. (2015, March). *The effects of a success skills group on adolescents' self-regulation, self-esteem, and learning competence*. American Counseling Association Annual Conference. Orlando, FL.
43. **Ohrt, J. H.**, & Webster, L. C. (2015, March). *College student transition: Influence of school counselor services on adjustment and well-being*. American Counseling Association Annual Conference. Orlando, FL.

42. Limberg, D. H., & **Ohrt, J. H.** (2014, November). *A phenomenological investigation of practicing counselors' living in Scotland experiences of altruistic caring*. Scottish Educational Research Conference Annual Conference. Edinburgh, United Kingdom.
41. Gnilka, P., Novakovic, A., Swank, J., **Ohrt, J. H.**, & Limberg, D. H. (2014, September). *Dissertation boot camp: Putting it all together*. Association for Assessment and Research in Counseling Annual Conference. Moline, IL.
40. Gnilka, P., Novakovic, A., Swank, J., **Ohrt, J. H.**, & Limberg, D. H. (2014, September). *Dissertation boot camp: Methodological issues*. Association for Assessment and Research in Counseling Annual Conference. Moline, IL.
39. Gnilka, P., Novakovic, A., Swank, J., **Ohrt, J. H.**, & Limberg, D. H. (2014, September). *Dissertation boot camp: Getting started*. Association for Assessment and Research in Counseling Annual Conference. Moline, IL.
38. Limberg, D. H., & **Ohrt, J. H.** (2014, May). *A phenomenological investigation of adolescents' perceptions of school counseling*. British Association of Counseling and Psychotherapy Annual Research Conference. London, England.
37. **Ohrt, J. H.**, & Webster, L. C. (2014, May). *The effects of a success skills group on adolescents' self-regulation, self-esteem, and learning competence*. British Association of Counseling and Psychotherapy Annual Research Conference. London, England.
36. **Ohrt, J. H.**, & Webster, L. C. (2014, May). *Group counselor reflections on training and experience: Implications for group counselor trainers and supervisors*. British Association of Counseling and Psychotherapy Annual Research Conference. London, England.
35. **Ohrt, J. H.**,* Ener, E., &* Degeorge, J. (2013, October). *Burnout prevention and wellness: Effects of a group supervision intervention*. Association for Counselor Education and Supervision Biennial Conference. Denver, Colorado.
34. **Ohrt, J. H.**, & *Ener, E. (2013, October). *Group counselor development: Leaders' perceptions of training and practice*. Association for Counselor Education and Supervision Biennial Conference. Denver, Colorado.
33. **Ohrt, J. H.**, *Blalock, S., & *Webster, L. (2013, September). *Development of the perceptions of school counselor services questionnaire*. Association for Assessment and Research in Counseling Annual Conference. Houston, Texas.
32. **Ohrt, J. H.**, & *Blalock, S. (2013, September). *A practical model for preparing counselors-in training to conduct developmental guidance*. Association for Assessment and Research in Counseling Annual Conference. Houston, Texas.

31. **Ohrt, J. H.** & *Sherrell Smith, R. (2013, March). *Assessing career stage of exploration: Selecting appropriate interventions for high school and college students*. American Counseling Association Annual Conference. Cincinnati, Ohio.
30. **Ohrt, J. H.**, Prosek, E. A., & *Ener, E. (2013, March). *Addressing self-care in supervision: Effects on counselor wellness and burnout*. American Counseling Association Annual Conference. Cincinnati, Ohio.
29. **Ohrt, J. H.** (2012, November). *Structured exercises at different group stages: Strategies for group leaders*. European Branch of the American Counseling Association Annual Conference. Wiesloch-Heidelberg, Germany.
28. **Ohrt, J. H.** (2012, November). *Promoting self-care in supervision: Strategies for supervisors*. European Branch of the American Counseling Association Annual Conference. Wiesloch-Heidelberg, Germany.
27. **Ohrt, J. H.**, Prosek, E. A., *Limberg, D., & *DeGeorge, J. (2012, September). *The effects of a wellness supervision intervention on counselor trainees' levels of burnout and wellness*. Association for Assessment in Counseling and Education Annual Conference. Orlando, Florida.
26. **Ohrt, J. H.** (2012, September). *Assessing stage of career exploration with high school and college students*. Association for Assessment in Counseling and Education Annual Conference. Orlando, Florida.
25. **Ohrt, J. H.** & Young, T. L. (2012, June). *Empirical support for spirituality: Implications for integrating spiritual practices in counseling*. Association for Spiritual, Ethical, and Religious Values in Counseling Biennial Conference. Santa Fe, New Mexico.
24. **Ohrt, J. H.** (2012, March). *A comprehensive portfolio to demonstrate school counselor effectiveness*. American Counseling Association Annual Conference. San Francisco, California.
23. **Ohrt, J. H.** (2012, March). *A wellness group supervision intervention to promote self-care among supervisees*. American Counseling Association Annual Conference. San Francisco, California.
22. **Ohrt, J. H.** (2012, February). *A group supervision intervention to promote self-care and wellness among counseling students*. Association for Specialists in Group Work Biennial Conference. Albuquerque, New Mexico.
21. **Ohrt, J. H.** (2012, February). *A phenomenological exploration of group and member development in experiential groups*. Association for Specialists in Group Work Biennial Conference. Albuquerque, New Mexico.
20. **Ohrt, J. H.**, *Prochenko, Y., * Stulmaker, H., *Huffman, D., & *Swann, K. (2011, October).

Group and member development in experiential groups. Association for Counselor Education and Supervision Biennial Conference. Nashville, Tennessee.

19. **Ohrt, J. H.**, & *Morganfield, M. (2011, September). *A comprehensive portfolio to demonstrate school counselor effectiveness.* Association for Assessment in Counseling and Education Annual Conference. Fort Worth, Texas.
18. *Ware, J. N., & **Ohrt, J. H.** (2011, July). *A phenomenological study of children's experiences in a social skills group.* Autism Society Annual Conference and Exposition. Orlando, Florida.
17. Patel, S., & **Ohrt, J. H.** (2011, March). *Motivational interviewing principles: Are they viewed by counselor educators as being important to the therapeutic alliance?* American Counseling Association Annual Conference. New Orleans, Louisiana.
16. Swank, J. M., Robinson, E. H., **Ohrt, J. H.**, Ieva, K. P., Limberg, D., & Robinson, S. L. (2011, March). *Development of a scale to measure altruism in children and adolescents.* American Counseling Association Annual Conference, New Orleans, Louisiana.
15. Robinson, E. H., Hundley, G., Ascher, D. L., & **Ohrt, J. H.** (2010, March). *Utilizing a comprehensive approach to assess counseling students' skills and competencies throughout the training process.* American Counseling Association Annual Conference. Pittsburgh, Pennsylvania.
14. **Ohrt, J. H.** (2009, November). *Experiential group activities for clients at different stages of change: Strategies for group leaders.* European Branch of the American Counseling Association Annual Conference. Weiskirchen, Germany.
13. **Ohrt, J. H.**, Foster, J. M., Jones, K. D., & Young, T. L. (2009, October). *The effects of personal growth groups on masters students personal and professional development: A qualitative study.* Association for Counselor Education and Supervision Biennial Conference. San Diego, California.
12. Foster, J. M., **Ohrt, J. H.**, & Leppma, M. (2009, October). *Gatekeeping: The role of the counselor educator.* Association for Counselor Education and Supervision Biennial Conference. San Diego, California.
11. **Ohrt, J. H.**, Lambie, G. W., Foster, J. M., & Burt, I. (2009, March). *Supporting Latino and African-American students in advanced placement courses: A school counseling program's approach.* American Counseling Association Annual Conference. Charlotte, North Carolina.
10. **Ohrt, J. H.**, Ieva, K. P., Lambie, G. W., & Shillingford, M. A. (2008, June). *Supporting minorities in advanced placement courses: Implications for professional school counselors.* American School Counselor Association Annual Conference. Atlanta, Georgia.

9. Lambie, G. W., Ieva, K. P., **Ohrt, J. H.**, & Shillingford, M. A. (2008, June). *Engaging unsupportive school personnel*. American School Counselor Association Annual Conference. Atlanta, Georgia.
8. Robinson, E. H., Swank, J. M., & **Ohrt, J. H.** (2008, June). *Spirituality/religiosity as a factor in the manifestation of altruism: Counseling students' perspective*. Presentation presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Conference. Lake Junaluska, North Carolina.
7. Swank, J. M., Robinson, E. H., Hayes, B. G., & **Ohrt, J. H.** (2008, June). *Spirituality within multicultural populations: Implications for working with African Americans*. Presentation presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Conference. Lake Junaluska, North Carolina.
6. Robinson, E. H., Swank, J. M. & **Ohrt, J. H.** (2008, June). *Self-exploration of spiritual and religious beliefs among counseling students: Facilitating this process within the classroom*. Presentation presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Conference. Lake Junaluska, North Carolina.
5. Robinson, E. H., Swank, J. M., & **Ohrt, J. H.** (2008, May). *An exploratory study investigating the relationship between self-efficacy and symptom distress among counseling students*. British Association of Counseling and Psychotherapy Annual Research Conference. Cardiff, Wales.
4. Robinson, E. H., Robinson, S., Swank, J. M., & **Ohrt, J. H.** (2008, May). *A qualitative exploration of counseling students' perception of altruism*. British Association of Counseling and Psychotherapy Annual Research Conference. Cardiff, Wales.
3. **Ohrt, J. H.**, & Osborn, D. S. (2006, July). *College student athletes' perceptions of their university's career center*. Annual Conference of the National Career Development Association. Chicago, Illinois.
2. **Ohrt, J. H.** (2006, March). *Counselors & principals: Collaborating to promote student success*. American Counseling Association Annual Conference. Montreal, Canada.
1. Tan, T. X., & **Ohrt, J. H.** (2005, August) *Adopted Chinese girls' behavioral adjustment in fatherless families: Comparing adoptions by single mothers, lesbian couples and heterosexual couples*. American Psychological Association Annual Conference. Washington, D.C.

Regional

17. **Ohrt, J. H.**, Guest, J., & Schneider, K. (2023, April). *Preparing educators to address K-12 student mental health*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.

16. Saunders, M., Gilreath, R., Combs, L. M., **Ohrt, J. H.** (November, 2022). A scoping review of mindfulness and substance misuse among college students. Southeastern Association for Counselor Education and Supervision. Baltimore, MD
15. Conley, A. H., & **Ohrt, J. H.** (2022, October). *COVID-related stress and mental health: Mediating effects of well-being*. Southern Association for Counselor Education and Supervision. Baltimore, MD.
14. **Ohrt, J. H.** (2022, April). *College student well-being: A systematic review of interventions in a college setting*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
13. Craven, L. C., & **Ohrt, J. H.** (2022, April). *The relationship between school identification and well-being among racial minority English language learners*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
12. Guest, J., & **Ohrt, J. H.** (2021, April). *Communication strategies for working with students who exhibit challenging behaviors*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
11. Guest, J., Deaton, J., Linich, K., Wymer, B. Sandonato, B., & **Ohrt, J. H.** (2019). *Teacher training in student mental health: A systematic review*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
10. Deaton, J., Linich, K., Wymer, B. Guest, J. Sandonato, B., & **Ohrt, J. H.** (2019). *Collaborative strategies to address childhood trauma in the classroom*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
9. Ohrt, J. H., & Deaton, J. (2018, October). *Implementation of a counselor training program for children, adolescents, and families*. Southern Association for Counselor Education and Supervision. Myrtle Beach, SC.
8. **Ohrt, J. H.**, Carlson, R. G., & Wymer, B. C. (2017, April). *School mental health response and resilience during the 2015 South Carolina flood*. Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
7. Maxfield, T. L., Bordonada, T. M., & **Ohrt, J. H.** (2016, October). *Bereavement and chronic sorrow in college students: Giving voice to the silent epidemic*. Southern Association for Counselor Education and Supervision. New Orleans, LA.
6. Ohrt, J. H. (2016, October). *Research identity development in counselor education doctoral students: A qualitative investigation*. Southern Association for Counselor Education and Supervision. New Orleans, LA.
5. **Ohrt, J. H.**, Blalock, S., Limberg, D. H., & Olden, S. L. (2014, October). *Preparing school*

counselors-in-training to conduct large group developmental guidance. Southern Association for Counselor Education and Supervision Biennial Conference. Birmingham, Alabama.

4. **Ohrt, J. H.** (2012, September). *Addressing self-care in supervision: Effects on students' levels of wellness and burnout.* Southern Association for Counselor Education and Supervision Biennial Conference. Savannah, Georgia.
3. **Ohrt, J. H.** (2010, October). *Evaluating the effects of two group approaches on counseling students' empathy development, group leader self efficacy development, and experience of the therapeutic factors.* Southern Association for Counselor Education and Supervision Biennial Conference. Williamsburg, Virginia.
2. **Ohrt, J. H.,** Ieva, K. P., Edwards, N., & Young, T. L. (2008, October). *Developing a professional issues in counselor education course: Reflections from doctoral students.* Southern Association for Counselor Education and Supervision Biennial Conference. Houston, Texas.
1. Ieva, K. P., Edwards, N., & **Ohrt, J. H.** (2008, October). *Scholarly writing for the novice doctoral student.* Southern Association for Counselor Education and Supervision Biennial Conference. Houston, Texas.

State

9. *Webster, L. C., *Lokkesmoe, K. A., *Spellings, M., & **Ohrt, J. H.** (2014, January). *Wellness pedagogy for counselor education.* Texas Association for Counselor Education and Supervision Annual Conference. Austin, Texas.
8. * Hurt, K., & **Ohrt, J. H.** (2012, February). *Implementing wellness and self-care with students and supervisees.* Texas Association for Counselor Education and Supervision Annual Conference. Austin, Texas.
7. *Ware, J. N., & **Ohrt, J. H.** (2011, February). *A psychoeducational group experience to enhance children's social skills.* Texas School Counselor Association Annual Conference. Arlington, Texas
6. Fineran, K. R., & **Ohrt, J. H.** (2011, January). *Doctoral qualifying exams: Investigating purposes and procedures.* Texas Association for Counselor Education and Supervision Annual Conference. Austin, Texas.
5. **Ohrt, J. H.,** & Kuch, T. H. (2008, November). *Designing an effective program evaluation.* Florida Counseling Association Annual Conference. Daytona Beach, Florida.
4. **Ohrt, J. H.,** & Ieva, K. P. (2007, November). *Navigating the career exploration process:*

Utilizing interest inventories in high school and beyond. Florida Counseling Association Annual Conference. Daytona Beach, Florida.

3. **Ohrt, J. H.**, Leininger, K., & Walsh, A. (2007, November). *Preparing masters level graduate students for a successful practicum and internship.* Florida Counseling Association Annual Conference. Daytona Beach, Florida.
2. **Ohrt, J. H.**, & Riley, K. N. (2006, November). *Adolescent problem gambling: Risks, consequences, & recommendations for school counselors.* Florida Counseling Association Annual Conference. Orlando, Florida.
1. **Ohrt, J. H.** (2005, November). *Career development of college student athletes.* Florida Counseling Association Annual Conference. Orlando, Florida.

Invited Presentations and Trainings

Current legal and ethical issues for school counselors, Grapevine/Colleyville Independent School District Ethics Update (2012).

The role of the school counselor, Hillsborough County Counselors' Professional Study Day (2006). Alonzo High School's Guidance Department's Accountability Project

Related Research Experience

- | | |
|----------------|--|
| 5/2005-12/2005 | Graduate Research Assistant, Department of Social and Psychological Foundations, University of South Florida
<i>Conducted literature reviews, analyzed data in SPSS, presented research results regarding adopted Chinese girls' development</i> |
| 1/2003-5/2003 | Undergraduate Research Assistant, Department of Educational Psychology and Learning Systems, Florida State University
<i>Assisted in data collection and literature reviews for the Adult Learning Evaluation Center</i> |
| 8/2002-5/2003 | Undergraduate Research Assistant, Department of Psychology, Florida State University
<i>Assisted in ADHD research including data entry and SPSS analysis. Worked individually with at-risk students to improve reading skills.</i> |

TEACHING AND SUPERVISION EXPERIENCE

Courses Taught

University of South Carolina

EDCE 823 Advanced Counseling Theory

Emphasis on formulation and evaluation of the theoretical basis for approaches to counseling including, study of historical and contemporary perspectives.

Fall 2015; 2016; 2017; 2018; 2019; 2020; 2021; 2022; 2023; 2024

EDCE 830 Pedagogy in Counselor Education

Examination of pedagogy instructional principles, and evaluation procedures for counselor education in higher education settings.

Fall 2017; 2018; 2019; 2020; 2021; 2022; 2023; 2024

EDCE 721 Techniques of Counseling

Emphasis on development of techniques for assisting clients' personal, social, spiritual, and career development.

Spring 2015; 2016; 2017; 2018; 2019; 2020

EDCE 708 Critical Issues in School Counseling

Study of school counseling programs, including school counseling issues, program development, implementation, evaluation, and current trends.

Spring 2015; 2016; 2017; 2018; 2019; 2020; 2021; 2022; 2023; 2024

EDCE 717 Career Practicum

A supervised experience in an approved setting that develops and assesses the individuals' facilitation skills in career development.

Fall 2014; 2015; 2016

EDCE 600 Communication Skills in Counseling

Human relations principles applied to the counseling interview.

Summer 2015; 2016; 2017; 2018; 2019; 2020

EDCE 520 Wellness and Mental Health

An overview of the characteristics of optimal holistic wellness and human functioning. Practical application of theoretically and empirically supported wellness models and interventions to enhance social, emotional, mental, physical, and spiritual well-being.

Summer 2019; 2020; 2021

University of North Texas**COUN 5460 Program Development, Leadership, and Ethics in School Counseling**

Introduction to the school counseling profession. Covers ethical standards, leadership and advocacy strategies, and development and management of the comprehensive developmental guidance program.

Fall 2011; 2012; 2013

COUN 5600 Counseling in Secondary Schools

Principles and practice of individual counseling, group counseling, guidance and consultation in the secondary school as part of the overall comprehensive developmental guidance program.

Spring 2011; 2012; 2013

COUN 5740 Group Counseling Theories and Procedures

Group dynamics and major approaches to group counseling with emphasis on how to start a group counseling program, how to counsel effectively with groups and how to evaluate results. Development of skills of group membership, leadership and working with groups are stressed.
Summer 2010; 2011; 2013; Fall 2010; 2011; 2012; 2013 Spring 2011; 2012

COUN 6680 Ethical, Legal and Professional Issues in Counseling (Doctoral)

Focus on theoretical and research literature concerned with ethical, legal and professional issues relating to counseling, counselor education, and counselor supervision.
Summer 2013; 2014

COUN 5800 Counseling for Wellness

Introduction to wellness counseling. The characteristics of optimal health and human functioning and implications for counselors. Practical application of theoretically and empirically supported wellness models and counseling interventions to address coping, stress reduction, relaxation, physical health, and spirituality.
Summer 2012; 2014

COUN 5470 Career Development and Information Resources

Survey of career development and counseling with emphasis on the occupational, career and educational information service.
Summer 2010; 2011; 2012; Spring 2013; 2014

COUN 5720 Internship in Counseling I

Supervised experience in counseling in schools, colleges or agencies.
Summer 2010; Spring 2014

COUN 5680 Basic Counseling Skills

A study of selected basic techniques of counseling.
Fall 2010

University of Central Florida

**Co-instructed courses as a doctoral student*

MHS 6070 Diagnosis and Treatment in Counseling

Examines diagnosis in the assessment and treatment of mental disorders and the use of the DSM IV. Disorders reviewed with emphasis on symptoms and implications for treatment.

**Co-taught with Dr. Jones*

Fall 2008

MHS 6500 Group Counseling and Theory

This course is designed to give the student an understanding of the role of theories in group counseling as well as the many process applications of groups.

**Taught under the supervision of Dr. Jones*

Spring 2009

MHS 6803 Practicum in Counselor Education

Supervised counseling emphasizing competence in (1) individual counseling (2) working with groups (3) tests in educational-career-personal counseling.

*Fall 2008 (*Co-taught with Dr. Hughes-Brand; Spring 2009); Spring 2010*

IDS 7501 Issues in Research and Education

An examination of major issues impacting education and related practical and methodological issues in research.

*Teaching Assistant for Dr. Robinson

Fall 2008; 2009

MHS 6401 Techniques of Counseling

This course covers the nature of counseling and its relationships to theoretical concepts.

*Co-taught with Dr. Van Horn

Summer 2009

MHS 6421 Foundations of Play Therapy and Process

This course covers theories and application of the principles of play in the counseling process with children.

*Co-taught with Dr. Robinson *Summer 2009*

Doctoral Dissertation Committees

Completed Dissertation Committees - Chair

Tiffany Bordonada (2017)

Jessie Guest (2019)

Jennifer Deaton (2020)

Kathryn Linich (2021)

Olivia Lewis (2022)

Monica Wade (2022)

Lanita Jefferson (2023)

Madeline Saunders (2024)

Rawle Ragoonath (2024)

Current Dissertation Committees – Chair

Shanta Jerideua

Karen Hunter

Keeland Lodato

Brittany Sandonato

Leah Eckstrom

Current Dissertation Committees - Committee Member

Bradley Crain. Chair: Dr. Ryan Carlson

Elizabeth Combs. Chair: Dr. Ryan Carlson

Sommer Garrett. Chair: Dr. Dodie Limberg
Rachel Gilreath. Chair: Dr. Dodie Limberg

Completed Dissertations – Committee Member

Maggie Morganfield (2012). Chair: Dr. Dee Ray
David Christian (2013). Chair: Dr. Cynthia Chandler
Mary Donaghey (2013). Chair: Dr. Carolyn Kern
Jenifer Ware (2014). Chair: Dr. Natalya Lindo
Elizabeth Ener (2015). Chair: Dr. Dee Ray
Charlette Taylor (2015). Chair: Dr. Kathy Evans
Leonis Wright (2016). Chair: Dr. Joshua Gold
Aubrey Sejuir (2016). Chair: Dr. Joshua Gold
Justin Muller (2016). Chair: Dr. Kathy Evans
Sally Hyatt (2017). Chair: Dr. Douglas Smith
Justin Adams (2018). Chair: Dr. Ryan Carlson
Shannon Romagnolo (2018). Chair: Dr. Dodie Limberg
Therese Newton (2018). Chair: Dr. Dodie Limberg
Rufus Wofford (2018). Chair: Dr. Joshua Gold
Justin Adams (2018): Chair: Dr. Ryan Carlson
Brooke Wymer (2019). Chair: Dr. Dodie Limberg
Chanta Moore (2020). Chair: Dr. Dodie Limberg
Mitchell Toomey (2022). Chair: Dr. Ryan Carlson
Shelby Gonzales (2022). Chair: Dr. Dodie Limberg
Sabrina Johnson (2023). Chair: Dr. Ryan Carlson
Alex Fields (2023). Chair: Dr. Dodie Limberg
Genee Glascoe (2023). Chair: Dr. Ryan Carlson
Laura Craven (2023). Chair: Dr. Ryan Carlson
Rachel Gilreath (2024). Chair: Dr. Dodie Limberg
Sommer Garrett (2024). Chair: Dr. Dodie Limberg

Clinical Supervision Experience

University of North Texas

University of North Texas Office of Exploring Majors

Clinical supervisor for college counseling track internship students.
Spring 2011; 2012; Summer 2011; 2012; Fall 2011; 2012

Supervision of Group Facilitation

Clinical supervisor for doctoral student facilitating personal growth groups
Summer 2010; Fall 2010; 2011 Spring 2011; 2012; Summer 2011; 2013

COUN 5720 Internship in Counseling I

Supervised experience in counseling in schools, colleges, or agencies.
Summer 2010; Spring 2014

University of Central Florida

MHS 6803 Practicum in Counselor Education

Supervised counseling emphasizing competence in (1) individual counseling (2) working with groups (3) tests in educational-career-personal counseling.

(Provided group and individual supervision to four graduate counseling students)

Spring 2010

MHS 6803 Practicum in Counselor Education

Supervised counseling emphasizing competence in (1) individual counseling (2) working with groups (3) tests in educational-career-personal counseling.

(Provided triadic supervision to two graduate counseling students)

Fall 2008; Spring 2009

PROFESSIONAL SERVICE AND LEADERSHIP

Professional Service

Editorial Review Boards

Associate Editor (2019-Present). *The Journal for Specialists in Group Work*. The journal for the Association for the Association for Specialists in Group Work. Published by Wiley.

Editorial Review Board Member (2012-present). *Counseling and Values*. The journal for the Association for Spiritual, Ethical, and Religious Values in Counseling. Published by Wiley.

Editorial Review Board Member (2013-2019). *The Journal for Specialists in Group Work*. The journal for the Association for the Association for Specialists in Group Work. Published by Wiley.

Editorial Review Board Member (2012-2019). *Journal of College Counseling*. The journal for the American College Counseling Association. Published by Wiley.

Article Editor (2016). SAGE Open. Guest editor for one article.

National and International Service in Professional Organizations

Southern Association for Counselor Education and Supervision (2024) – Co-chair: Conference Job Talks Committee

Southern Association for Counselor Education and Supervision (2024) – Awards Reviewer

Southeastern School Behavioral Health Conference (2024) – Poster Session Award Reviewer

American Counseling Association (2023) – Conference Program Reviewer

Association for Counselor Education and Supervision (2023) – Conference Program Reviewer

Association for Specialists in Group Work (2023) – Conference Program Reviewer

American Counseling Association (2022) – Conference Program Reviewer

Southern Association for Counselor Education and Supervision (2022) – Research Grant Proposal Reviewer

Southern Association for Counselor Education and Supervision (2022) – Co-chair: Conference Job Talks Committee

Southern Association for Counselor Education and Supervision (2021 – Present) – Co-chair: School Counseling Interest Network

Association for Counselor Education and Supervision (2021) – ACES Virtual Conference Program Co-chair

American Counseling Association – ACA Conference Program Reviewer (2021)

Association for Specialists in Group Work – ASGW Professional Development Committee member (2013-present)

American Counseling Association – ACA Conference Program Reviewer (2014)

Association for Assessment in Counseling and Education – AACE Conference Program Reviewer (2012)

Association for Assessment in Counseling and Education – AACE Conference Program Review Coordinator (2011)

European Branch of the American Counseling Association – EB-ACA, Poster Session Coordinator, European Branch of the American Counseling Association Annual Conference (2009)

Association for Multicultural Counseling and Development - AMCD Volunteer Coordinator, American Counseling Association Annual Conference (2009)

Association for Multicultural Counseling and Development - AMCD Volunteer Coordinator, American Counseling Association Annual Conference (2008)

State

Texas Counseling Association (TCA) – Wellness Committee Chair (2012 – 2013)

President, Florida Career Development Association – FCDA (2007-2010)

President-elect, Florida Career Development Association – FCDA (2006-2007)

Scholarship review committee, Florida School Counselor Association – FSCA (2007)

University Service

University of South Carolina

University Level

University Fellowships and Scholarships Committee (2022-2023)

University Athletics Advisory Committee (2016-2019)

College Level

Advanced Programs in Education Committee (2018-Present)

Quality Assurance Committee (2016-2017)

Faculty Welfare (2020-2022)

Department Level

Academic Affairs Committee (2014-2016)

Program Level

Counselor Education Program Coordinator (2018-Present)

Counseling Minor Coordinator (2023-Present)

CACREP Liaison (2022-2024)

School Counseling Track Coordinator (2014-2018)

Co-Chapter Advisor, Chi Sigma Iota Honor Society (2015-2017)

Faculty Search Committees

Tenure Track Search Committee Member (2024)

Clinical Assistant Search Committee Member (2023)

Tenure Track Search Committee Chair (2022)

Clinical Assistant Search Committee Chair (2022)

Clinical Assistant Search Committee Chair (2021)

Tenure Track Search Committee Member (2017)

External Reviewer

2024 University of Iowa; Virginia Commonwealth University

2023 Virginia Commonwealth University

2022 Virginia Commonwealth University

2021 University of Tennessee

2020 University of Texas at Tyler; North Carolina Central University

2019 University of Mississippi

2018 New York Institute of Technology

University of North Texas

University Level

Task Force on Preventative Measures Regarding Sexual Assault (2013-2014)

More than a Mentor Student Organization, Faculty Co-Adviser (2013-2014)

College of Education

Instructional Technology Resource Committee (2010-2011)

Department of Counseling and Higher Education

Personnel Affairs Committee (2011-2014; co-chair 2013-2014)

Counseling Program

School Counseling Track (2010-2011), Chair (2011-2014)

Masters Advisory Committee, (2011-2014)

Masters Admissions Committee, Counseling Program (2010-2014)

Recruitment, Chair (2011-present)

Undergraduate Advisement (2011-2012)

Internal Relations Committee (2010-2012)

Program Evaluation and Follow-Up Committee (2010-2014)

Faculty Search Committee (2011)

Faculty Search Committee (2012)

University of Central Florida

Counseling Program

Conference Planning Committee, University of Central Florida Counseling Conference (2010)

President, Upsilon Chi Chapter of Chi Sigma Iota, UCF (2009-2010)

Vice-President, Upsilon Chi Chapter of Chi Sigma Iota, UCF (2008-2009)

Conference Planning Committee, University of Central Florida Counseling Conference (2009)

Program Awards Committee, Counselor Education Program, UCF (2009)

University of South Florida

Counseling Program

President, Delta Gamma Chapter of Chi Sigma Iota, University of South Florida (2005-2006)

Service to the Community

Lexington School District One Professional Development (2025)

Richland One School District Professional Development (2022-2023)

Lexington School District One Professional Development (2022)

Educational Counseling Consultant, Lower Richland High School (2015)

Advisory Board Member, Excel Center, Lewisville, Texas (2010-2011)

Membership in Professional Organizations

Association for Assessment and Research in Counseling, member (9/11 – present)

American Counseling Association, member (3/06—present)

American School Counselor Association, member (6/08 – 6/10)

Association for Spiritual, Ethical, and Religious Values in Counseling (6/12 – present)

Association for Counselor Education and Supervision, member (9/07—present)

Association for Specialists in Group Work, member (1/08—present)

National Career Development Association, member (07/06—7/07)

European Branch of the American Counseling Association, member (11/09-11/10)

Southern Association for Counselor Education and Supervision, member (10/08—present)

Chi Sigma Iota, member (12/04—*present*)
Delta Gamma Chapter **President** (2005—2006)
Upsilon Chi Chapter **Vice-President**, (2008—2009)
Upsilon Chi Chapter **President** (2009—2010)
Rho Kappa Chapter, member (2010 – present)
Florida Counseling Association, member (08/04—11/10)
Florida Career Development Association, member (10/06—11/10)
President (7/07—5/10)
President-elect (11/06—6/07)
Florida School Counseling Association, member (08/04—11/10)
Florida Association for Counselor Education and Supervision, member (5/08—11/10)
Hillsborough Counseling Association, member (08/06—8/07)
Metroplex Association for Counselor Education and Supervision, member (7/10 – 6/14)
Texas Counseling Association (01/11-2014)
Texas Association for Counselor Education and Supervision (01/11- 2014)

Professional References

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